



If you don't have:	Substitute:
Bacon, 1 slice	1 Tbs. cooked bacon pieces
Baking Powder, 1 tsp.	1/2 tsp. cream of tartar + 1/4 tsp. baking soda
Baking Soda	There is no substitute for baking soda.
Balsamic Vinegar, 1 Tbs.	1 Tbs. cider vinegar or red wine vinegar + 1/2 tsp. sugar
Bread crumbs, fine dry, 1/4 cup	3/4 cup soft bread crumbs, or 1/4 cup cracker crumbs, or 1/4 cup cornflake crumbs
Brown Sugar, 1 cup	1 cup white sugar + 4 Tbs. molasses
Broth, beef or chicken, 1 cup	1 tsp. or 1 cube instant beef or chicken bouillon + 1 cup hot water
Butter, 1 cup	1 Tbs. shortening + 1/4 tsp. salt, if desired
Buttermilk, 1 cup	1 tbs. Lemon juice or vinegar + enough milk to make 1 cup (let stand 5 minutes before using)
Chocolate, semisweet, 1 ounce	3 Tbs. semisweet chocolate pieces, or 1 Tbs. unsweetened cocoa powder +2 tsp. sugar and 2 tsp. shortening
Chocolate, sweet baking, 4 ounces	1/4 cup unsweetened cocoa powder + 1/3 cup granulated sugar and 3 Tbs. shortening
Chocolate, unsweetened, 1 ounce	3 Tbs. unsweetened cocoa powder + 1 Tbs. cooking oil, or shortening melted
Cornstarch, 1 Tbs. (for thickening)	2 Tbs. all-purpose flour
Corn syrup (light), 1 cup	1 cup granulated sugar + 1/4 cup water
Cream (whipping), 1 cup unwhipped	2 cups prepared whipping cream (1 cup unwhipped = 2 cups whipped)
Garlic, 1 clove	1/2 tsp. bottles minced garlic or 1/8 tsp. garlic powder
Ginger, grated fresh, 1 tsp.	1/4 tsp. ground ginger
Half-and-Half or light cream, 1 cup	1 Tbs. Melted butter + enough whole milk to make 1 cup
Fresh Herbs, 1 Tbs.	1 tsp. dried leaf herbs or 1/2 tsp ground dried
Flour (All-Purpose White)	1/2 cup whole wheat flour plus 1/2 cup all-purpose flour (no more than 1/2 and 1/2 when you use whole wheat)
Flour (self-Rising)	1 cup minus 2 tsp all-purpose flour + 1 1/2 tsp baking powder and 1/2 tsp salt
Mayonnaise, 1 cup	1 cup sour cream, 1 cup yogurt, 1 cup cottage cheese (in blender or processor) OR use any for part of the mayonnaise
Molasses, 1 cup	1 cup honey
Mustard, dry, 1 tsp.	1 Tbs. prepared mustard
Onion, chopped, 1/2 cup	2 Tbs. dried minced onion or 1/2 tsp. onion powder
Rum, 1/4 cup	1 Tbs. rum extract plus 3 Tbs. water
Sour cream, dairy, 1 cup	1 cup plain yogurt
Sugar, granulated, 1 cup	1 cup packed brown sugar or 2 cups sifted powdered sugar, or 7/8 cup honey
Sugar, powdered, 1 cup	1 cup granulated sugar + 1 Tbs. cornstarch; process in a food processor using the metal blade attachment until it's well blended and powdery.
Tomato Juice, 1 cup	1/2 cup tomato sauce + 1/2 cup water
Tomato sauce, 2 cups	3/4 cup tomato paste + 1 cup water
Wine, red, 1 cup	1 cup beef or chicken broth in savory recipes; cranberry juice in desserts
Wine, white, 1 cup	1 cup chicken broth in savory recipes; apple juice or white grape juice in desserts
Yeast, active dry, 1 package	About 2 1/4 tsp. active dry yeast

